### **GirlTalk Podcast Notes #19**

# Episode #19

**Title:** We Face Everything and Rise Up!

Scripture: Roman 5:3-5

What if walking through fear, helps you develop perseverance and endurance.

# **Key points:**

- 1. Be hopeful
- 2. God is able.
- 3. God's love for you.
- 4. We have His indwelling Holy Spirit to empower us

**Sisterfriend** - Remember this, your deepest awareness of yourself is that You deeply loved by Jesus Christ and You did nothing to earn it or deserve it."

#### References

- 1.Roman 5:3-5
- 2. John 3:16
- 3. Psalm 31
- 4. Mark 10:17-31
- 5.Psalm 71:14
- 6. www. Armwithtruth.com Temporary Scripture Tattoos.

# **Notes or Actions steps:**

Take the verses listed above and mediate on this in your #15minutes time in the Word each day. Let kick fear in the face, by getting your face in the Bible.

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